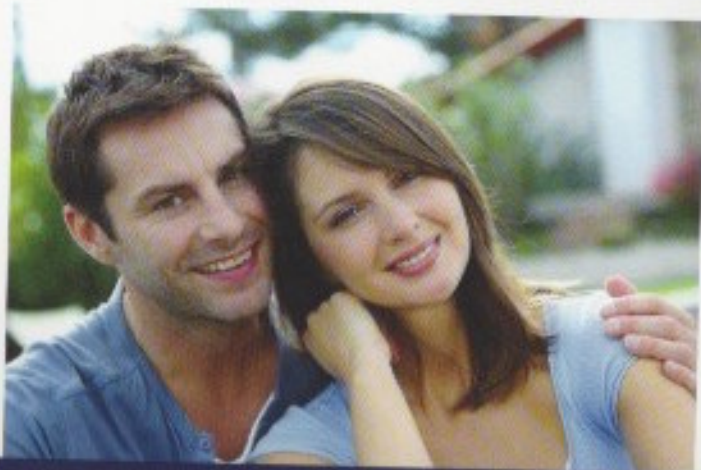




— THE —  
**COUPLES EXPERT**

Couples counseling can foster a relationship  
in which you feel loved, understood and appreciated.

Know that you are sharing life with your best friend  
and you will never feel alone again.



7047 E. Greenway Parkway, Ste. 250  
Scottsdale, AZ 85254

480-993-1922

[www.thecouplesexpertscottsdale.com](http://www.thecouplesexpertscottsdale.com)

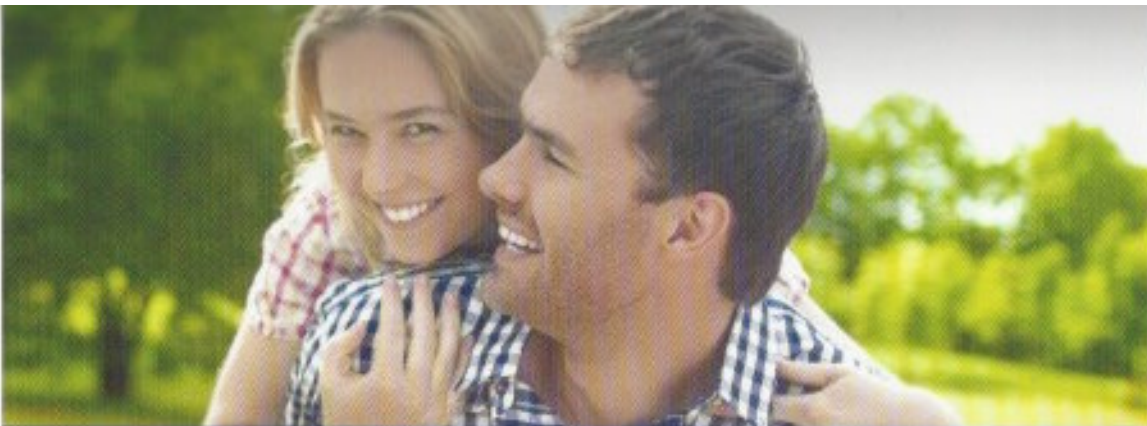


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**COUPLES EXPERT**



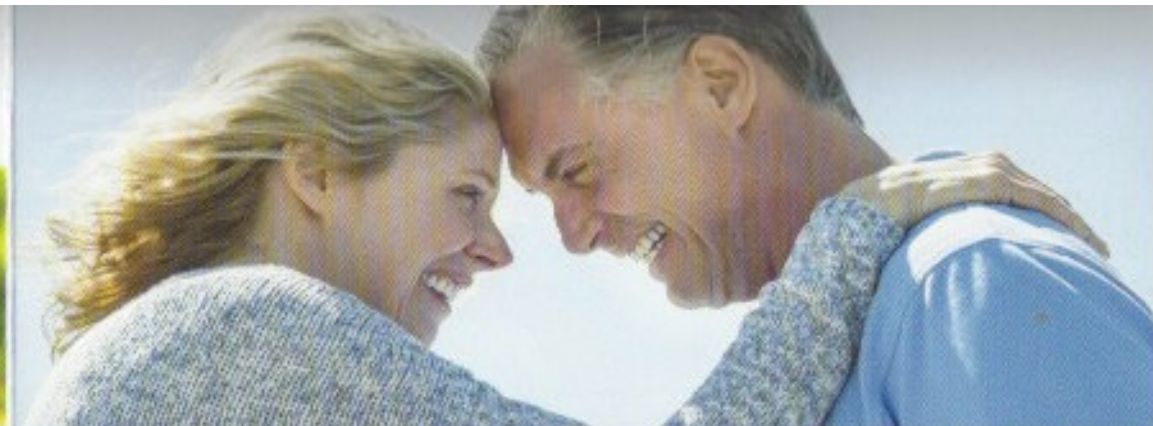
**Stuart Fensterheim LCSW**

*Rebuild your marriage so that it is joyful, healthy, and strong.  
Feel secure in your partner's love!*



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## *Couples Counseling*



*Do you feel emotionally disconnected from your spouse or partner?*



*Tired of fighting the same fight over and over?*



*Have trust violations impacted your relationship?*

If you crave the closeness you once had, couples counseling can help. Perhaps you worry that you will never feel the close connection you once had. These conflicts in the relationship often lead to more distance causing you to feel hopeless or afraid. If you want to have a deeper connection with your partner, the first step is recognizing there is a clear path to feeling close to your partner again. No one is doomed to a failing relationship. You do not need to feel alone! But, to turn things around, you have to take action.

Pick up the phone...**call me at 480-993-1922 to schedule an appointment or email me at [stuart@thecouplesexpertscottsdale.com](mailto:stuart@thecouplesexpertscottsdale.com).**



## *Individual Counseling*

- Does your struggle with your moods complicate every aspect of your life?
- Does your daily life overwhelm you?
- Is emotional pain keeping you from living the life you want?



We want to help you rediscover your best self. Feelings of sadness and hopelessness are not permanent or inescapable. Individual counseling can help you find the joy and happiness you've been missing.

## *Family Counseling*

- Are you looking for a meaningful connection with your family?
- Is your family arguing about the same issue over and over?
- Do you need set boundaries without stifling your children?



If your family is struggling to find the connection and closeness they want and need, family counseling can help. It's a safe and productive way to open up lines of communication and work toward a close family bond.